



City of Tacoma  
WASHINGTON

## Inclement Weather Resources

City of Tacoma Washington sent this bulletin at 07/27/2022 10:00 AM PDT



Hello District 2 Residents,

The hot weather is here! I wanted to share some information regarding cooling centers here in the City of Tacoma. The National Weather Services projects temperatures above 90 degrees this week. Excessive heat can be dangerous to all people, and older adults, people with health concerns and children are at a great risk.

Know the symptoms of heat stroke:

- Cold, pale and clammy skin
- Heavy sweating
- Fainting or passing out
- Dizziness
- Fatigue
- Fast, weak pulse
- Tiredness or weakness
- Muscle cramps
- Nausea or vomiting
- Headache

If a person has these symptoms, they should cease activity, move to a cooler location, and seek medical attention. Elders and children are the most susceptible, so checking on elderly neighbors and keeping children out of the sun is important.

**Don't leave children, dependent adults or pets in parked vehicles.**

Temperatures can quickly climb to a level that can result in death. If you see a person or pet left in a parked vehicle during hot weather call 911 and stay with the vehicle until it is resolved.

**The City is continuing to conduct outreach to unhoused neighbors**

We are continuing to connect them with shelter and resources and is providing bottled water to people living unsheltered during weekdays when temperatures are excessive.

The City has opened cooling centers for all residents on Monday, July 25, 2022 until temperatures are below 90 degrees.

Cooling center locations are listed below:

**Lighthouse Activity Center**

5016 A Street, Tacoma, WA 98402

Open Monday-Friday from 8:30 a.m. – 5:30 p.m.

Center can accommodate 50 people at a time and is open to walk-ins on a first come, first served basis.

Masks are encouraged to prevent the spread of COVID-19

**Brotherhood RISE Center**

2136 M.L.K. Jr. Way, Tacoma, WA 98405

**Trinity Presbyterian Basement**

1619 6th Ave, Tacoma, WA 98405

Open July 26 – July 28 from 3 p.m. – 6 p.m.

Water and restrooms available

**Tacoma Public Library**

Tacoma Public Library neighborhood locations, except for the Main Branch, which is under construction, are open for people who need a place out of the heat.

[Tacoma Public Library](#) current hours for all locations are:

- Tuesday and Wednesday hours 12-8 p.m.
- Thursday, Friday and Saturday hours 10 a.m. to 6 p.m.

**Things to do to keep cool:**

- Metro Parks Tacoma's 10 spraygrounds are open daily from 10 am-8 pm. For the most up-to-date information on all Metro Parks Tacoma's services, visit them at [metroparkstacoma.org/staycool253](http://metroparkstacoma.org/staycool253)
- Stay in the shade.
- Drink water (people and pets)
- Plan trips to places with air conditioning, including libraries, grocery shopping, etc.
- Keep your house cool – shut windows and blinds during the day, and open windows and use fans to cool the house once the temperature outside declines.
- If you plan to go to the water to cool off, please remember that even when it is hot outside, people can die of hypothermia in the water if core body temperature drops below 93 degrees Fahrenheit.

Stay cool! For more information, please visit [Inclement Weather Resources - City of Tacoma](#).

Sincerely,

Sarah Rumbaugh  
Council Member – District 2